

HOW MUCH TIME IS NEEDED FROM EACH SCHOOL?

Training

Instructor training is 8 hours. Teachers would attend a one-day training course to become basic archery instructors.

Preparation

Attending instructor training
Ordering equipment
Establishing local contacts

Length of each school session

Standard class period for two weeks

Location of class

The course is taught in the gym at each school.

Range set-up

The range set-up takes about 10–15 minutes and is completed as a portion of the class.

THE FACTS ABOUT THIS PROGRAM

- ➔ Higher school attendance
- ➔ Fewer dropouts
- ➔ Increased overall test scores
- ➔ Lower detention rates
- ➔ Increased after school involvement
- ➔ Higher self esteem and sense of involvement for all students
- ➔ Increased membership in local conservation clubs (many of the clubs assist the schools)
- ➔ Students learn a life-long skill

The initial in-school program is only the beginning. Most of the schools involved so far have started after-school programs and clubs for archery. This program provides an opportunity for all children to participate in an extracurricular sports activity.



OHIO DEPARTMENT OF NATURAL RESOURCES
Division of Wildlife
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For more information about Ohio's National Archery in the Schools Program, or to become a part of the program contact the Division of Wildlife outdoor skills officer for your District.

District 1– Columbus	(614) 644-3925
District 2– Findlay	(419) 424-5000
District 3– Akron	(330) 644-2293
District 4– Athens	(740) 589-9930
District 5– Xenia	(937) 372-9261

or Program Coordinator at ODNR, Division of Wildlife headquarters, Columbus (614) 265-6334 or 1-800-WILDLIFE

For information on Olympic-style archery competition, or forming NAA clubs, contact:



National Archery Association
One Olympic Plaza
Colorado Springs CO 80909
(719) 866-4576
www.usarchery.org

For information on field-style archery competition, or forming NFAA clubs, contact:



National Field Archery Association
31407 Outer I-10
Redlands CA 92373
(909) 794-2133
www.nfaa-archery.org

www.ohionasp.com

www.archeryintheschools.org



ohio department of natural resources
DIVISION OF WILDLIFE



OHIO'S ARCHERY in the SCHOOLS PROGRAM



www.ohionasp.com



ARCHERY:
Changing Lives
one Arrow at a Time



WHAT IS IT?

“Changing lives one arrow at a time”

is a physical education curriculum co-created by Kentucky’s Departments of Education and Fish & Wildlife Resources. It was implemented in over 100 Kentucky middle schools in 2002.

This program is designed to teach International target archery to elementary, middle school, and high school students. The curriculum is already written and meets or exceeds national physical education standards. The core content covers history of archery, safety, equipment, technique, mental concentration, and self-improvement. Teachers attend a one-day Basic Archery Instructor training program before presenting the two-week archery course to students.

Students shoot at bullseye targets placed in front of an arrow-resistant net in their gymnasium. The equipment used is state-of-the-art. The bows are uniquely designed to fit every size student and are easy to shoot.

Thanks to support from the national archery industry, the \$5,000 equipment kits may be purchased by the schools for approximately \$2,800. And money to purchase equipment kits can often be obtained from various sources, such as sponsorships and grants from archery organizations, area conservation organizations, and retailers. Schools may also organize fund raisers or use general fund money to pay for equipment.

This program encourages cooperative involvement in the local community, between schools, local vendors, archery retailers, conservation clubs, and archery organizations.

HOW IS THE CLASS TAUGHT?

The National Archery in the Schools Program is taught as a 2-week portion of the physical education class. Topics are taught through classroom instruction combined with hands-on activities. Target shooting takes place right in the gym, and students can set up the range quickly as part of the class.

Students are taught the history of archery, how modern archery equipment works, shooting techniques, and how to improve their skills. Emphasis is also placed on safety and mental concentration. The archery program can be adapted and integrated into other classes to correspond with the physical education portion. Teachers can take advantage of their students’ enthusiasm with archery class to incorporate related concepts into subjects like math, history, geometry, physics, and science.

The program meets the standards for physical activity and range of motion, it’s measurable, and everyone can participate!

WHAT DO TEACHERS SAY?

- **Students are enthusiastic about learning archery**
- **Student behavior and attendance is improved on archery days**
- **Students who historically resisted PE class are eager to participate in archery**
- **Students of all genders, sizes, and abilities are enjoying success**

“Our kids are excited and enthusiastic... they are learning a life-long skill, they are being taught discipline and self-control, and they are having fun.”

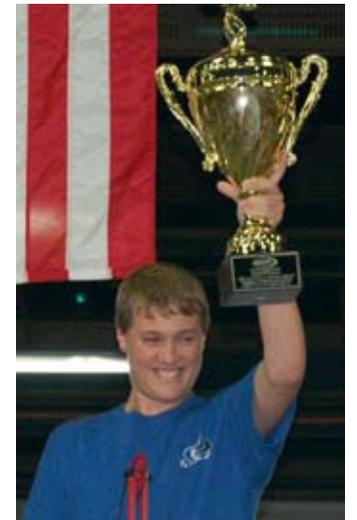
WHAT DO STUDENTS THINK?

- 94% of students enjoy the 2-week NASP lesson**
- 66% like physical education class better**
- 53% like themselves better after NASP lessons**
- 49% like school better on “archery days”**
- 37% of NASP schools start after school clubs**
- 27% of NASP graduate buy archery equipment**

WHAT EQUIPMENT IS NEEDED?

Equipment to get started:

Bows	12 (10 right / 2 left)
Bow rack /box	1
Arrows	5 dozen
Arrow quivers (PVC pipe with base)	5
Targets	5
Target stands	5
Safety net	1
Whistle	
Safety rules and posters	
Blue painter’s tape	
Clearly defined shooting range	
Archery journals	



How to order equipment:

After attending an 8-hour Basic Archery Instructor training, equipment is ordered by the school through Brennan Industries at www.archeryintheschools.org and delivery is made directly to the school.

Servicing and maintaining equipment:

Maintenance of the equipment can be done by instructors and/or local sponsors or partners of the program. Lists of local archery retailers, conservation clubs, and archery ranges can be provided by the Division of Wildlife, as well as contacts for archery organizations.



- NASP is in the United States, Canada, and Australia.
- Archery is safer than all traditional ball sports.
- 2.3 million students have gone through NASP archery classes as of the 2006-2007 school year with 0 injuries

Total cost:

Equipment kit	approx. \$ 2800.00
Level I instruction manual	N/A
Training and book are paid for by the Division of Wildlife	